

April 2012



IN THIS ISSUE

[Letter from the President](#)

[Board Nominations](#)

[Race Weekend Winners](#)

[Upcoming Meetings & Programs](#)

[80th Anniversary Party](#)

[Treasurer Report](#)

[Sound Advice from Michael Swingler](#)

[Membership](#)

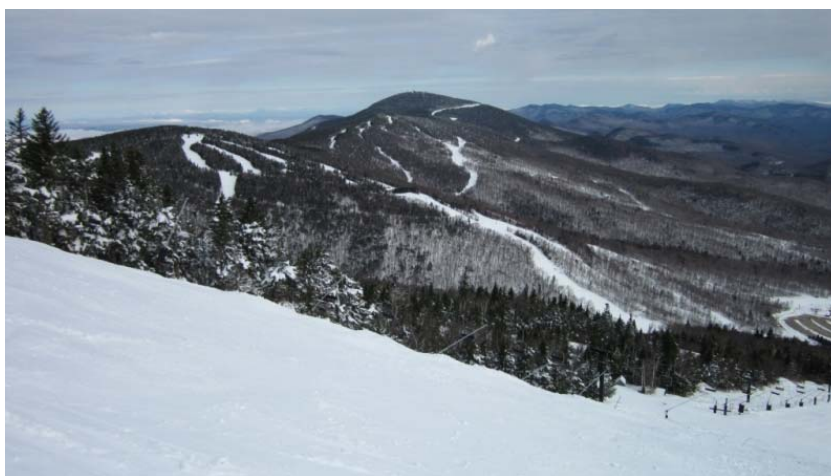
[RHSC Member Launches New Flavored Mouth Guard](#)

[Photo Gallery](#)

[RHSC Apparel & Stickers](#)

[Lodge Coordinators](#)

[Join Our Mailing List!](#)



April Winter Wonderland at Killington

LETTER FROM THE PRESIDENT

Dear Riverhillers,

There is no wrong choice.

As my second term as president draws to an end I want to thank you all for your support and trust, and pay special tribute to the people who have served with me on the board. We came into office with an agenda, which was to create a better sense of community among our members by restoring trust in the board, and our strategy was to make sure that each demographic segment of the club had a seat

at the table, and to be very transparent in our financial accounting.

I believe that we made a lot of progress, and am very proud of what we achieved and the way we went about it.

Two weeks ago the nominating committee informed me that they recommend John Swingler to replace me as president because they want new blood in the office. I agreed to step aside because I do believe that John would make an excellent president and that the club would be very well served by his leadership. As treasurer he has provided sound financial stewardship and a strong moral compass.

When the slate was announced at the last general meeting I was nominated from the floor by several members and have since received numerous emails and calls requesting that I accept the nomination to run for a third term.

John and I are friends; we could easily have worked out a solution on our own, but in respecting the process, John and I have both agreed to accept the nomination and let you, our membership, make the decision.

Whatever you decide, John and I will remain friends, there will be no political infighting or animosity, and the club will have been well served by an open process and the choice between two people who care deeply about the River Hills Ski Club.

As always, thank you for your support and consideration.

John

P.S., a vote for Olshan is a vote for snow... My people come from Russia, where the winters are cold and long.

BOARD NOMINATIONS FOR NEXT YEAR

At the April 10 general meeting, the nominating committee - led by Bill Hughes and Gabe Cordova - announced the following proposed slate for next year's board:

President - John Swingler
Vice President - Stephanie Evers
Secretary - Anne Zaera
Treasurer - Tom Hughes

At this meeting, Anne Zaera also nominated John Olshan from the floor to run as president. Her nomination was seconded by Bob Boothroyd, Lou Trovato, Rod

Cross and Loretta Nolan, among others. The next general meeting will take place on Tuesday. April 24 at Long Ridge Tavern, 2635 Long Ridge Road in Stamford. Additional nominations can be made from the floor at this meeting. Voting will take place by May 1 online, repeating last year's very successful process.

RACE WEEKEND WINNERS

by Rod Cross, Co-Race Chairman with Tom Nolan

Race Weekend was a great time for all on the slopes and at the lodge. Don't miss this event next year!

Juniors:

Ellie Cross-Girls Gold

Alex K.-Boys Gold

Teens:

Leslie Nolan-Girls Gold

Luke K.-Boys Gold

Matt Cross-Boys Silver

Snowboard:

Sarah Gash-Gold

Masters:

Gabe Cordova-Gold

Mike Kellick-Silver (Honorable mention for best frozen mustache)

Racing under suspicious injury circumstances:

Gary Gash-Gold

Women:

Judy Jalbert k.-Gold

Sharon Lehr-Silver

Men:

Tom Nolan-Gold

Rod Cross-Silver

Overall:

Tom Nolan-Gold

Leslie Nolan-Silver

Thank You to our Racers in order of finish time: Tom N. Leslie N. Luke K. Rod C. Matt C. Chris Z. Alex K. Gary G. Gabe C. Judy J. Sharon L. Mike K. Ellie C. Sarah G.

UPCOMING MEETINGS & PROGRAMS

General meetings take place from September through May on the first and third Tuesday at 7:30 pm at Long Ridge Tavern, 2635 Long Ridge Road in Stamford. The following meetings are scheduled for the rest of this board year:

April 24 - Board nominations will be accepted from the floor and Bob Hener will be collecting any unused bulk tickets.

May 1 - Results from online voting for board positions will be announced and any outstanding votes can be submitted in person.

May 15 - Agenda and program to be announced.

RHSC 80TH ANNIVERSARY PARTY

Please mark your calendars for RHSC's 80th anniversary party to be held at the home of John and Kelly Swingler on Saturday, September 15, 2012 at 3PM. The party will have a western theme. More details to follow in the coming months.

COMMENTS FROM THE TREASURER

Dear River Hillers,

It is disappointing for me to have to report that following February, where we were tracking favorably against last year, a very warm month of March negatively affected lodge usage. The resulting impact was that we are down \$10,500 against last year for the same period. Spring skiing in April will also be a non event and the two situations added together will seriously impact our cash balances when going into the quiet summer period. I may also add that had we not made some structural changes to the balance between fixed and variable costs in our dues and lodge usage fees in the prior year, we would most certainly be in a far worse situation. This current situation may indeed be further motivation to adjust our dues further (to cover all fixed expenses), so as to avoid this situation in the future. This cash flow crisis, that we will most certainly face between now and the start of the new season will require special treatment. My suggestion to the new Board will be to do just that by bringing forward our annual renewal process and maybe to undertake some special fund raising events. Remember the continual and long term health and support of our club and events by all members, will prevent unnecessary action such as increases, levies and worst of all assessments. We are all in this together!

As a reminder, treasurer reports are posted monthly on the website at <http://www.riverhillsskiclub.org/member-resources/documents/reports/>

Regards,

John Swingler - Treasurer

MICHAEL SWINGLER - WHAT NOT TO DO

Hi there, this is Michael and I have a painful story to tell that you all may be interested in. In early January I was up at Killington snowboarding with Will Eby and his dad Kent. It was a very cold day (minus 18 or something) and we were having such fun that I did not think about dressing properly, even though I had my protective gear close at hand. Two runs up the Snowdon triple with the wind blowing and this is what you get (see pic below) - 2nd degree frostbite! Next time I will be wearing my head gear underneath my helmet and you should all do the same.





PS - another pic of me outside the lodge (before the frostbite).

MEMBERSHIP

Congrats to Kathy and Bob Hener for becoming Life Members of RHSC!



Please also welcome Stu and Lori Constantine and their children Alex (14), Harry (12) and Josie (10) to RHSC!

Please be sure to go out of your way to introduce yourself and family to our new members. Also remember to introduce yourselves to the prospective members who are staying at the lodge and/or attending our general meetings.

We have many more prospective members at different phases of the membership cycle. Please keep up the great work of introducing our wonderful club and lodge to your family and friends!

An Updated Roster is posted on our web site at <http://www.riverhillsskiclub.org/member-resources/documents/roster/>. If you need your email and/or address updated, please let me know.

See you at the next general meeting and please bring a prospective member with you!

Best, Pat

PS. Please make sure you check our new Membership Drive Flyers that Anne Olshan designed and posted on our web-site at <http://www.riverhillsskiclub.org/whats-new/membership-drive-documents/>. Please use these flyers to help promote membership to our club.

RHSC Member Launches New Flavored Mouthguard

The experience of wearing a traditional athletic mouthguard product is not a great one. In every sport and at every level, as soon as the whistle stops the action, athletes pull their mouthguards out of their mouths. Then they hang it out of their mouths, they chew it, or they jam it in their facemask or down their gloves. When the action starts again, they scramble to get the mouthguard back in their mouth (if they remember to do so).

Enter the MoGo flavored mouthguard. The company's goal is to change the experience of wearing a mouthguard from a "need to" to a "want to" said RHSC Member, Dr. Walter Kostrzewski, DMD, "The amazing thing is that the flavor lasts. Every athlete, regardless of their age or level, who has tried this product can't believe how much the flavor changes their experience of wearing a mouthguard."

Currently, MoGo has multiple professional athletes trying and testing MoGo mouthguards including Kristi Leskinen, champion freestyler skier and regular X-Games competitor. "If I had the choice between tasteless and flavor, I'd choose flavor and especially these flavors!," says Leskinen. "This is a great product that completely changes the experience of wearing a mouthguard!" Leskinen is well known in the adventure sports field being an 8-time X Games Competitor and FIS

medalist. She is also the first female athlete to successfully complete a Rodeo 720.



MoGo Spokesperson Kristi Leskinen

Want to try it yourself? Visit www.mogosport.com or contact Dr. Walter Kostrzewski, DMD at doctork@ctsmiles.com.

PHOTO GALLERY



Nathan Pinochet enjoying his 8th birthday at the club



Sophia Pinochet, age 3 1/2, learning to be the next generation skier

JOIN YOUR FELLOW RHSC MEMBERS ON FACEBOOK

How would you like to be able to communicate with all of your fellow Riverhillers instantly? As communications director, I created a new RHSC group on my Facebook page that will enable us to send messages, pose questions and share photos as a group. The new RHSC group is on Facebook's improved format. Now, when anyone in the RHSC group posts a message on the wall, everyone in the group receives that message by email.

So how can you join the new RHSC Facebook group? It's very easy. Just find me on Facebook (Anne Salzberg Olshan) and send me a friend request and I will add you to the group. If you're not already on Facebook, it takes only a few minutes to sign up and I can be your first friend! The RHSC Facebook group will not replace the blast emails and Skizettes you already receive from me that notify you about important club events, but will give us a forum for easily communicating with each other for the first time. We have 37 members so far. Sign up now so you don't get left behind!

Hope to see you on Facebook!

Anne

P.S. The RHSC Facebook group is a forum for *positive* social interaction only. If you have a grievance with the board or a fellow member, please email the board directly or raise your issue at a general meeting.

RHSC APPAREL AND STICKERS

Show your RHSC spirit and help promote our club by purchasing our stickers and logoed clothing! They also make great holiday gifts! The flannel pants are SUPER comfy and only \$22. We need 24 orders (pink or blue, any size) to place another order with Chilly Bear. Champion sweatshirts (\$38) and fleece vests/jackets (\$35/\$45) can be single ordered.

Stickers are available for \$3 each or 4 for \$10.



To order apparel, upload the order form and size chart at <http://www.riverhillsskiclub.org/member-resources/documents/rhsc-apparel-order-forms/> and contact Anne Olshan at aolshan@optonline.net to place your order. Please also contact Anne if you have an interest in volunteering to help manage our merchandise orders.

LODGE COORDINATORS

April 2012:

Madge Kellick
Tel: 203-329-1642
Email: kellickm@optonline.net

May/June 2012:

Marcia Sloat
Tel: 203-438-2327

Email: marcia5201@comcast.net

July/August 2012:

Jean and Jim Howell

Tel: 203-255-8554

Email: JHOWELL156@aol.com

Please no calls after 9pm!



If you have any news or article ideas for the Skizette, please contact me at aolshan@optonline.net

Happy trails!

Anne Olshan

River Hills Ski Club